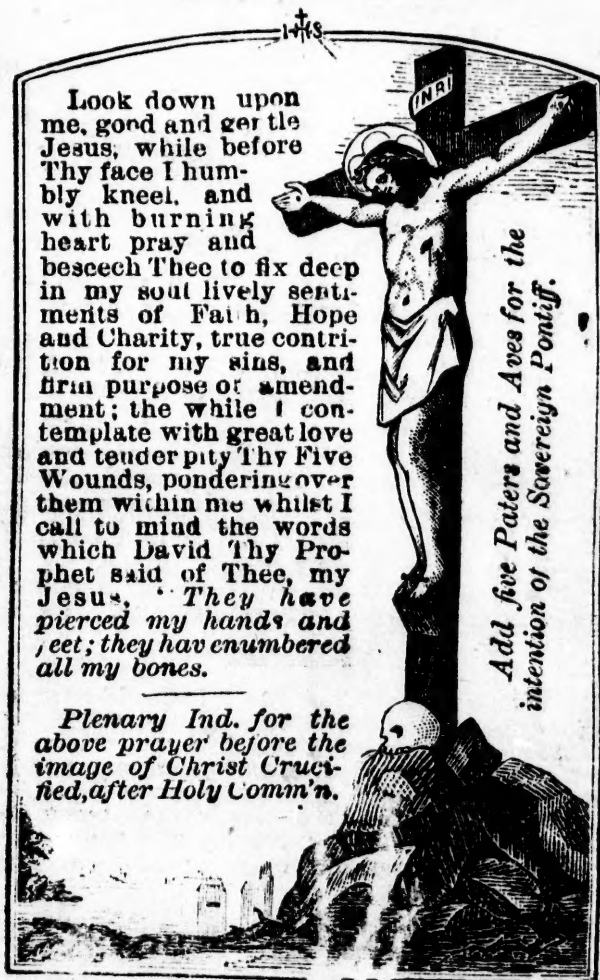


Remembrance of the Mission

GIVEN BY THE

REDEMPTORIST FATHERS.

TORONTO, 1880.



Look down upon
me, good and gentle
Jesus, while before
Thy face I hum-
bly kneel, and
with burning
heart pray and
beseech Thee to fix deep
in my soul lively senti-
ments of Faith, Hope
and Charity, true contri-
tion for my sins, and
firm purpose of amend-
ment; the while I con-
template with great love
and tender pity Thy Five
Wounds, pondering over
them within me whilst I
call to mind the words
which David Thy Pro-
phet said of Thee, my
Jesus, *They have
pierced my hands and
feet; they have numbered
all my bones.*

*Add five Paters and Aves for the
intention of the Sovereign Pontiff.*

*Plenary Ind. for the
above prayer before the
image of Christ Crucified,
after Holy Comm'n.*

DAILY ACTS OF A CHRISTIAN LIFE.

In the Morning.

1. On awaking, give your first thoughts to God, saying: "*Oh my God! I give myself entirely to Thee.*"

2. Getting out of bed, bless yourself, dress modestly, kneel down, say a short morning prayer, adding *three Hail Marys* in honor of the purity of the blessed Virgin Mary.

During the Day.

1. Whenever you are tempted to any sin, say *Jesus help me! Mary, Mother, pray for me! My Jesus, mercy!*

2. Before you begin your work, say: "*All for Thee, O Lord—O my Jesus, all for Thee.*"

3. Before meals say: "*Bless us, O Lord, and these Thy gifts, which of Thy bounty we are about to receive, through Christ our Lord. Amen.*"

4. After meals say: "*We give Thee thanks, Almighty God, for all Thy benefits, who livest and reignest, world without end. Amen.*"

"*May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.*"

At Night.

1. Before going to bed kneel down, bless yourself recite your night prayers, and then say: "*O my God, give me grace to know wherein I have offended Thee to-day, and grant me a perfect sorrow for my sins.*" Then pause a little to see what sins you may have committed during the day: afterwards ask pardon for the faults you have discovered, by making an act of contrition, as follows:

O my God! I am very sorry for having sinned against Thee, because Thou art so good, and I will not sin again.

2. Then make the acts of Faith, Hope and Charity.

3. Say *three Hail Marys* in honor of the Blessed Virgin Mary.

4. When in bed, fold your arms in the share of a cross, and say before you sleep : *It is appointed for me once to die, and I know not when—nor where—nor how; but what I do know is that if I die in mortal sin, I am lost.*" And then if you are in mortal sin, resolve to go to confession as soon as possible.

Means of Perseverance.

DEAR CHRISTIAN :—If you wish to persevere until death : 1. Free from the occasion of sin. 2. Practice holy prayer. 3. Receive the Holy Sacraments frequently. 4. Preserve a tender devotion to the Blessed Virgin Mary. 5. Never allow human respect to interfere with your duties

An Act of Contrition.

O my God! I am heartily sorry for having offended Thee because Thou art so good, and I firmly purpose, by Thy holy grace, never more to offend Thee.

An Act of Faith.

O my God, I most firmly believe in Thee and all Thou hast revealed to Thy Holy Catholic Church, because thou art truth itself, who neither canst deceive nor be deceived.

An Act of Hope.

O my God, relying on Thy promises, and upon the merits of Jesus Christ, my Saviour, I most firmly hope in thee, and trust that thou wilt grant me grace to observe Thy commandments in this world, and reward me in the next.

An Act of Love or Charity.

O my God, who art worthy of all love, and infinite in every perfection, I love Thee with my whole heart and above all things; and I love my neighbor as myself for the love of Thee.

INDULGENCES.

GRANTED BY HIS HOLINESS PIUS IX., TO
THOSE WHO PRAY BEFORE THE MISSION
CROSSES ERECTED BY THE REDEMP-
TORIST FATHERS.

1. A Plenary Indulgence, after confession and Communion, on the anniversary of the erection, or on the Sunday following; also on the Feasts of the Finding and Exaltation of Holy Cross, May 3rd and September 14th. (By a Rescript of March 27th, 1852.)

2. An Indulgence of Seven Years and Seven Quarantines, for reciting before the Cross, with a contrite heart, seven Aves in honour of the sorrows of Mary. (By a Rescript of July 15th, 1858.)

3. An Indulgence of Three Hundred Days for reciting before the Cross, with a contrite heart, five Paters, Aves and Glorias in honour of the Sacred Wounds. (By a Rescript of March 27th, 1852.)



Tribuna" Print. Toronto

And Remembrance.

